



What About my Destination?

Show Notes for The Fun Road Podcast:

Where are you going in your life? What destination are you headed to? Are you a passenger in someone else's life? Are you taking your life in your own hands and taking the driver seat?

What sets you on fire? What inspires you? What do you want to become? If you aren't living the life you dreamt of, what would that look like? What needs to change? If you could wave a magic wand, what would you want to be? What would you want to do with your life, your career?

It's not too late to change your path. You have the ability to change who you are. There are things in your life that may make you feel that your life has been decided, maybe you have been chosen to take over the family business, or you've studied in a certain field and now realize that it isn't fulfilling for you, but you feel that it's too late to turn back. It's not. You have that ability to truly become anything you want. It's not easy and takes confidence in your choice. You are the only one who is going to do this for you. Dare to do it.

Steve shares his experience when he lost his mom and decided to change his entire life's path. He was at a point where his life had been decided, he had a path but it wasn't the right path for him. He changed everything, ended his relationship, changed his career, dared to tell his family that he didn't want to take over the family business but wanted to be an aerobic instructor instead. While he feared telling his dad, he took that step. It takes that first step and fearlessly pursuing it.

You are the only one who will do this for you. You have to be in the drivers seat of your future. This applies to your relationships, your career, your family. Be aware of your life and your choices.

Remind yourself daily of your goals and make sure you are actively taking action to achieving them. Give yourself permission to dream. Dare yourself to dream fearlessly. Take steps, take action.

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